



St. Luke's Episcopal Church

Where all are welcome at the Lord's table

weekly

October 11, 2020

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Greetings!

"What is the first thing you must do in order to sing?" The chorister's delighted answer, "breathe!" That question usually began our Angel Choir rehearsals and launched us into a series of breathing exercises and vocalizations each week. Who would have thought at our last in-person rehearsal on March 11 that we would soon come to fear the very basic component of what brings us so much joy. Singing requires projecting breath into the air.

Even as in-person rehearsals had to be suspended, our choirs have stayed in touch through emails, videos and Zoom calls, and our bonds remain strong. During these last seven months the St. Luke's family has enjoyed hearing several different soloists and sometimes the Three Amigos during our online worship videos and now our in-person worship services. I'm so thankful we've been able to keep our praises and prayers in song flowing during these unprecedented times. We've even enjoyed occasional archival video recordings of our beloved choirs. But I imagine you join me in missing our live choral singing, and there is a tender ache we all feel in not being able to join in congregational song when gathered in person.

Keeping up with the latest scientific and medical research is now a part of my daily routine. While it is clear that risk cannot be eliminated short of a vaccine, expert guidance is now available advising how risks can be mitigated in ways to bring at least small groups together to sing. In that regard, the St. Cecilia Choir, our ensemble for choristers 3rd-12th graders, will today begin what I call "sticking our toes back in the water."

Following a strict list of safety protocols including wearing masks, extreme social distancing, and sanitization, a small group of St. Cecilia choristers will gather in-person to rehearse for the first time since March. Our shorter than usual rehearsals will be outside in the courtyard when possible, and when indoors only in

large spaces with windows on both sides open.

While this is certainly not a full resumption of St. Luke's choir programs, hopefully this will pave the way for other small groups to gather from the Angel (preK-2nd graders) and Canterbury (Adult) choirs in the near future. So stay tuned for more information as we move forward...this is definitely a work in progress.

In closing, let's return to where this blurb began, breath. The Hebrew word *ruach* is found throughout scripture meaning "breath" or "spirit." The text of Hymn 508 begins "Breathe on me breath of God, fill me with life anew." Even during this uncertain pandemic time, the breath of God continues to fill us and lead us, and that breath brings hope.

Peace,
Rodney

This Sunday at St. Luke's

The Nineteenth Sunday after Pentecost

Click above for the lessons

Streaming Service of Morning Prayer.

Watch our worship service this weekend on [Facebook](#) or on [YouTube](#).

[Click here](#) to download a copy of the parish prayer list.

The Rev. Timothy T. Rich, rector, preaching

Sign-Up Genius

Please Remember To Use Sign-Up Genius!

Now that we are approaching maximum capacity for attendance, please remember to sign up for Sunday Worship!

[Click Here](#) for Sign-Up Genius!

Reopening Announcement

Father Tim Announces Our Reopening!

We are so excited to welcome everyone back to St. Luke's!

Please [Click Here](#) to read Father Tim's Reopening Letter to the parish!

[Click Here](#) to view Father Tim's video message!

To Sign Up for Sunday Service using Sign-Up Genius, please
[Click Here!](#)

We will also begin using a QR Code for our Sunday Bulletin which can be scanned by using a SmartPhone! This will give worshipers the option to view our bulletin on their phone during Sunday Service or to print the bulletin and bring it to the church.

We will provide hard copies as well.

Here Is The Sunday Bulletin QR Code:



OR

[Click Here](#) to view our Sunday Bulletin!

Flu Vaccine Clinic

Flu Vaccine Clinic - Sunday, October 18

St. Luke's will be hosting a Flu Vaccine Clinic on Sunday, October 18, after both services. Please note the following guidelines which must be followed if you wish to receive a shot:

- A link to an application form will be sent out in the Friday, October 16, Weekly Newsletter. You will need to download this link, print it out, fill it out and bring it with you to St. Luke's on Sunday morning, October 18th.
- You will also need to bring your insurance card or prescription insurance card, which must include your Insurance ID Number, RX Group, RX PCN, and Rx BIN.
- At the conclusion of each service, those who wish to receive a flu shot will be directed up the loggia ramp to the auditorium.
- Socially distanced seats will be arranged in the auditorium where you will await your turn to be called.
- Once you have received your shot, you will exit via the stairs near the stage and out the building. Those with mobility issues can exit back down the ramp and out through the sanctuary.
- As at all times on the St. Luke's campus, masks must be worn and social distance kept.

Adult Faith Formation

The Next Adult Faith Formation Study to Begin **Wednesday, October 14 at 7:00pm**

Our next AFF offering will be a study of Jim Wallis' *Christ in Crisis? Reclaiming Jesus in a Time of Fear, Hate, and Violence*. About this book it was written:

In *Christ in Crisis* Jim Wallis provides a path of spiritual healing and solidarity to help us heal the divide separating Americans today. Building on "Reclaiming Jesus"-the declaration he and other church leaders wrote in May 2018 to address America's current crisis-Wallis argues that

Christians have become disconnected from Jesus and need to revisit their spiritual foundations. By pointing to eight questions Jesus asked or is asked, Wallis provides a means to measure whether we are truly aligned with the moral and spiritual foundations of our Christian faith.

"Christians have often remembered, re-discovered, and returned to their obedient discipleship of Jesus Christ-both personal and public-in times of trouble. It's called coming home," Wallis reminds us. While he addresses the dividing lines and dangers facing our nation, the religious and cultural commentator's focus isn't politics; it's faith. As he has done throughout his career, Wallis offers comfort, empathy, and a practical roadmap.

Please join us for what promises to be a timely and important study.

You can order the book on Amazon. If you need help obtaining a copy, please email Father Tim.

[Click Here](#) to join our Adult Faith Zoom Meeting. See below for Meeting ID and Password:

Meeting ID: 889 2288 2819

Password: 686809

Peace,
Tim

Youth Faith Formation

Youth Faith Formation

Fr. Tim has put together an excellent group of people to thoughtfully consider how to offer formation in the safest way possible. Masks will be required, 6 feet of distance will be between people, classes when possible will be held outside, and we hope to establish stable groups. Keep your eyes open for more details on our plan from Fr. Tim! We want you and your children to be as safe as possible, and we are eager to resume formation so that we can *grow in hope and faith* together!

But we need your help. **Please fill out a registration form for each of your children as soon as possible to help us plan.** Even if you're not completely sure you'd like your child to participate this year, by filling out the registration form you give us a way to stay in touch with you as our plans progress. The form is online only this year and can be found [here](#). Questions? Feel free to reach out to Mother Tanya: tanya@stlukeseg.org or 684-2844.

Pastoral Care Ministry

Pastoral Care Meeting

The Pastoral Care Ministry will meet Wednesday, October 14th, at 1:00 PM.

[Click Here](#) to join the Zoom Meeting.

See below for Meeting ID and Password:

Meeting ID: 815 0533 2586

Password: 875054

Especially for Children

To watch Godly Play online please [Click Here!](#)

Looking for Helpers / Looking for Help

Several of you have already reached out, volunteering to help those in need. If you are healthy and in a low risk category, and would like to be added to a volunteer list please email our **Church Administrator**. We are working on creating a team of individuals who can help out as the need arises.

With all of the precautions and guidance coming from the Governor, CDC, and the Department of Health, we are aware that some members of our community may have difficulty getting access to basics like food, medication, and other necessities. If you find yourself in need, please contact our **Church Administrator** for assistance.

Food Cupboard

Greetings from our Food Cupboard!

We are reaching out to update you on some of our needs during this challenging time. Our thoughts and prayers are with all of our families that they are able to stay healthy and safe.

Please consider donating these items:

Pancake Syrup, Beef Stew, Hash, Small Canned Hams, Chili, Coffee, Vegetable Oil, Crackers, Cookies, Hearty Soups, Chicken Noodle Soup, Pasta Sides, Gravy (Chicken and Beef), Ketchup and Mustard, Pasta Sauce

Thank you!

EG Interfaith Food Cupboard

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